



# Arts & Living

Home / Lifestyles / Arts & Living

**Topics:** Arts & Living | Family & Community | Food & Fitness | Home & Garden | Religion | Weekend  
**Columnists:** Book Reviews | Jackson | On the Table | Snow | Specialty of the House | Stein | Watched Pot | Weekend Gourmet

Comments (0) | Recommend (0)

## Taste this

BY GREG COX - CORRESPONDENT  
Published: Fri, Sep. 18, 2009 02:00AM Modified Fri, Sep. 18, 2009 05:51AM

BOOKMARK   
 BUZZ UP!  
 E-MAIL  
 PRINT  
TEXT SIZE:

Welcome **BECOME A MEMBER** | Sign In

**Advertisements**

**"2 Tips To A Sexy Stomach"**

I Cut Down **5 lbs** of Stomach Fat Per Week By Obeying These **2 Easy Tips**

Looking for travel deals for your Spring/Summer vacation?

**TRAVEL DEAL OF THE WEEK**

**Most Popular**

STORIES EMAILED

Last 24 Hours

- Six-year-old girl helps mom give birth at home
- Big man barely noticed in death
- Ice cream shop is licked
- Debutante charged in UNC cocaine bust
- Easley probe broadens

Last 7 Days

- Six-year-old girl helps mom give birth at home
- Bar says it stopped serving doctor
- Wedding day veers from joy to horror
- Doctor surrenders medical license
- Friends, family mourn ballerina

**What: Jerk chicken**

What: Jerk chicken

How much: \$9.50 (lunch \$7.50), including two sides

Where: Caribbean Taste & Catering

908 Fayetteville St., Durham

794-8225

Having sampled the latter recently, I can understand its popularity. Smith's homespun recipe starts with a bottled jerk sauce, which she doctors with her own blend of herbs and spices. The result, after marinating and cooking, is a thick, coffee-dark sauce with a spicy kick that clings to the surface of the chicken while its complex notes permeate the meat. I'm partial to the dark meat, whose rich flavor I find holds up well to the intense sauce. White meat is also available, if that's your preference.

Located in an off-the-beaten-path strip mall, Caribbean Taste isn't the sort of place you're likely to stumble across by accident. It's a cheery and welcoming spot, though, and those who manage to discover it find that they're the newest members of Erica Smith's ever-growing, well-fed family.

Get it all with convenient home delivery of The News & Observer.

**More Arts & Living**

- Film Picks
- The native truth
- A savage storm in vignettes
- Reeling in film lovers
- Terpsichorean Club announces 2009 debutantes
- top ten

Advertisement

Ads by

**N'T PAY FOR WHITE TEETH**  
LEARN THE TRICK COVERED BY A VI TO TURN WHITE WITH WHITE W/ JER \$5  
[T.DETAILS...](#)

**DURHAM MOMS! LOSE 47LBS, FOLLOW 1 RULE!**  
I CUT DOWN 47 LBS OF STOMACH FAT IN A MONTH BY OBEYING THIS 1 OLD RULE  
[EXPLORE NOW...](#)

**Print Ads** [View all ads from past 7 days >>](#)

Ads from Today's **THE NEWS & OBSERVER**

- AMBASSADOR ENTERTAINMENT
- AMERICAN MUSIC JUBILEE
- ATLANTIC AVENUE ORCHID & BELEZA
- BELL SENIOR LIVING
- BELL SENIOR LIVING
- BROWN'S CLOCK SHOP
- CAFE CAPISTRANO

[Search All Triangle Network Ads](#)

## COMMENTS

You must be logged in to leave a comment. [Login](#) | [Register](#)

Comments: 0 Showing: Newest first

More comments on this story:

### [I Made \\$52,923 In 5 Days](#)

Mailing Cheap Little Postcards. It's Simple... I'll Show You How.  
PostcardProfits.com

### [Calphalon Shaker Sets](#)

Shop Calphalon Cookware at Macy's. Save 20-50% Plus an Extra 15%!  
Macy's.com/calphalon

### [Quick & Easy Cooking Tips](#)

Casserole recipes with quick prep time for simple & delicious meals.  
CampbellsKitchen.com

Ads by Yahoo!

## Top Jobs

[View All »](#)

### Application Specialist

Cape Feary Valley Medical Center

### Sales

Saturn of Raleigh

### Director of Nursing

Glenaire, Inc.

[Quick Job Search](#)

[Advanced Search »](#)

Keyword(s):



## Featured Homes

[View All »](#)



### Morrisville, NC

4 Bedrooms, 5 Bathrooms  
3,587 Square Feet  
\$549,900



### Raleigh, NC

4 Bedrooms, 4 Bathrooms  
3,191 Square Feet  
\$389,900



### Cary, NC

3 Bedrooms, 3 Bathrooms  
1,661 Square Feet  
\$191,900

## Hot Deals

[View All »](#)



### 2006 Audi A4

\$23,980

Auto Park Chrysler/Jeep



### 2006 Mini Cooper S

\$21,980

Auto Park Chrysler/Jeep



### 2007 GMC Sierra 1500

\$27,995

Hendrick Pontiac/Buick/GMC

Powered by

© Copyright 2009, The News & Observer Publishing Company

A subsidiary of The McClatchy Company

[Help](#) | [Contact Us](#) | [Parental Consent](#) | [Privacy](#) | [Terms of Use](#) | [RSS Feeds](#) | [N&O Store](#) | [Advertising](#)

Hosted Solutions  
Hosting Partners of  
newsobserver.com